

# ATCP 160.77 - HEALTH SCIENCE - DEPARTMENT 34

Judging: Pre-Fair Saturday - approx. 10:00 a.m. (following Knitting & Crocheting)
Green County Justice Center

### Conference Judged - ALL LOTS

Adult Superintendent: Angela Schmelzer

#### Health Science Rules and Instructions

- a) Open to individuals enrolled in the 4-H Health project.
- Exhibitors and their families are responsible for reading and complying with the Junior Fair General Rules & Instructions.
- c) Fair Association is not responsible for exhibits lost or stolen during the fair.
- d) Posters can be no larger than 14"x22", and displays can be no larger than 22"x28".

## CLASS A – Grades 3-8 Premiums \$ 2.50 \$ 2.25 \$ 2.00 \$ 1.75

Lot

- 1. Poster display showing First Aid steps for topics of choice (i.e. cuts, burns, stings, poisons, etc.)
- 2. Family First Aid Kit
- 3. Collection or scrapbook of healthy snack recipes
- 4. Poster showing smart choices for a healthy breakfast
- 5. Any other poster or display

## CLASS B – Grades 9 and up Premiums \$3.00 \$2.75 \$2.50 \$2.25

Lot

- Poster or display showing proper food portion sizes
- 2. Poster or display showing nutrient-rich foods
- 3. Poster or display highlighting product health claims
- 4. Personal fitness plan
- 5. Any other poster or display