



Department 34 – Health & Citizenship - ATCP 160.79

REGISTRATION: APRIL 22 – MAY 22, 2025

JUDGING: SATURDAY, JULY 12, 2025 @ 9 AM TO 2 PM

JUDGING STYLE: FACE-TO-FACE

Lea Superintendents: Angela Schmelzer – marmaladelibby@gmail.com, Gloria Sutter – gjsutter13@gmail.com

Rules and Instructions

- a) **Read the General Fair Rules & Instructions** document!!!
- b) Each entry should have a 3"x5" card which describes:
 - a. Exhibitor grade and number of years in project
 - b. Steps taken to complete this exhibit.
 - c. What have you learned or practiced in completing this exhibit?
- c) Posters can be no larger than 14"x22", and displays can be no larger than 28"x40".
- d) One entry per lot.

HEALTH

CLASS A – Grades 3-8

Premiums: \$2.50 \$2.25 \$2.00 \$1.75

Lot

- 1. Exhibit showing First Aid steps for topics of choice (i.e. cuts, burns, stings, poisons, etc.)
- 2. Family First Aid Kit
- 3. Collection or scrapbook of healthy snack recipes
- 4. Exhibit showing smart choices for a healthy breakfast
- 5. Any other exhibit

CLASS B – Grades 9 and up

Premiums: \$3.00 \$2.75 \$2.50 \$2.25

Lot

- 10. Exhibit showing proper food portion sizes
- 11. Exhibit showing nutrient-rich foods
- 12. Exhibit highlighting product health claims
- 13. Personal fitness plan
- 14. Any other exhibit

CITIZENSHIP

Premiums: \$2.50 \$2.00 \$1.75 \$1.50

CLASS C – Gr. 3-8

Lot

- 16. Group ground rules
- 17. Magazine picture collage illustrating the group's issue
- 18. Mission statement
- 19. Notes from key interviews
- 20. Examples of media coverage
- 21. Letters, fliers, posters, speeches, surveys, petitions, or other examples of group's work
- 22. Any other exhibit relating to citizenship



CLASS D – Gr. 9 and up

Lot

- 26. Magazine picture collage illustrating the group's issue
- 27. Mission statement
- 28. Action plan
- 29. Examples of media coverage
- 30. Letters, fliers, posters, speeches, surveys, petitions or other examples of group's work
- 31. Group's story of its citizenship project, with illustration
- 32. My individual travel log from the project
- 33. Any other exhibit related to citizenship